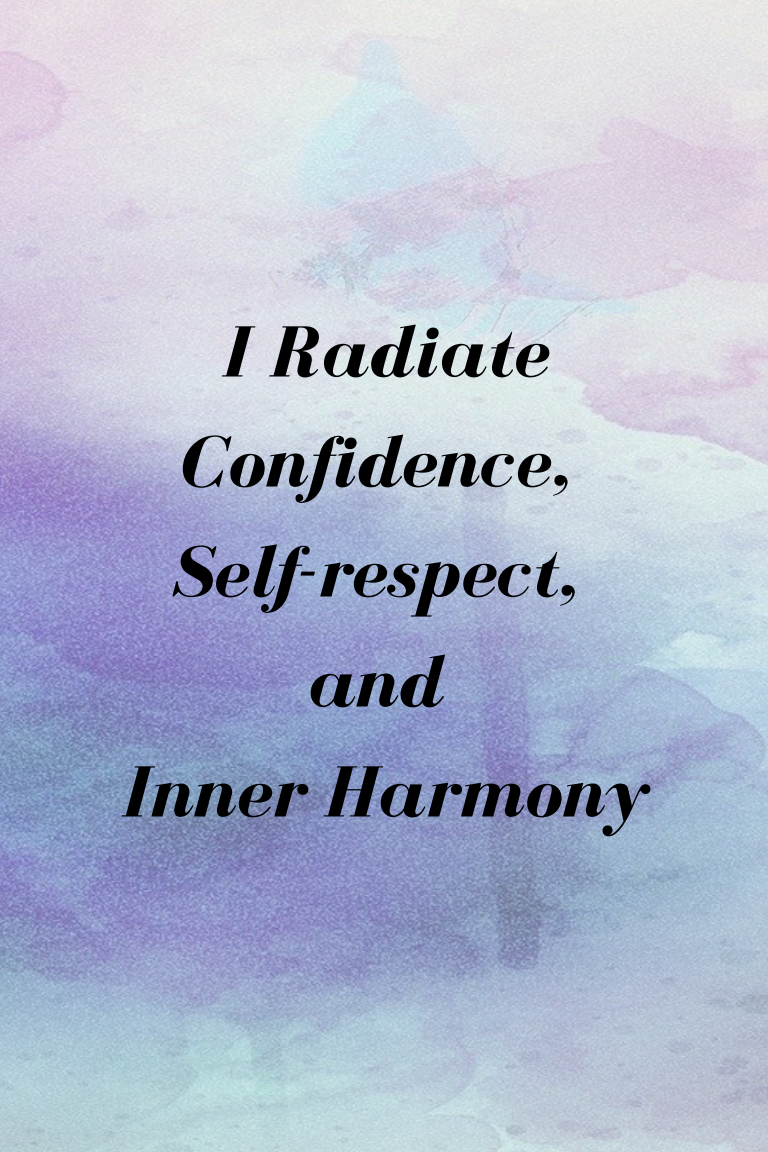


*Every Challenge
is an
Opportunity
for
Growth
& Learning*

***I Trust in
my Abilities
and Believe
in my
Limitless
Potential***

***I Let Go
of what I
cannot control
and Focus
on
what I can***




***I Radiate
Confidence,
Self-respect,
and
Inner Harmony***



***I Release
the need
for Perfection
and
Embrace
my
Authentic Self***

*I Forgive
Myself
and Others,
Releasing all
Negativity
from
my Life*

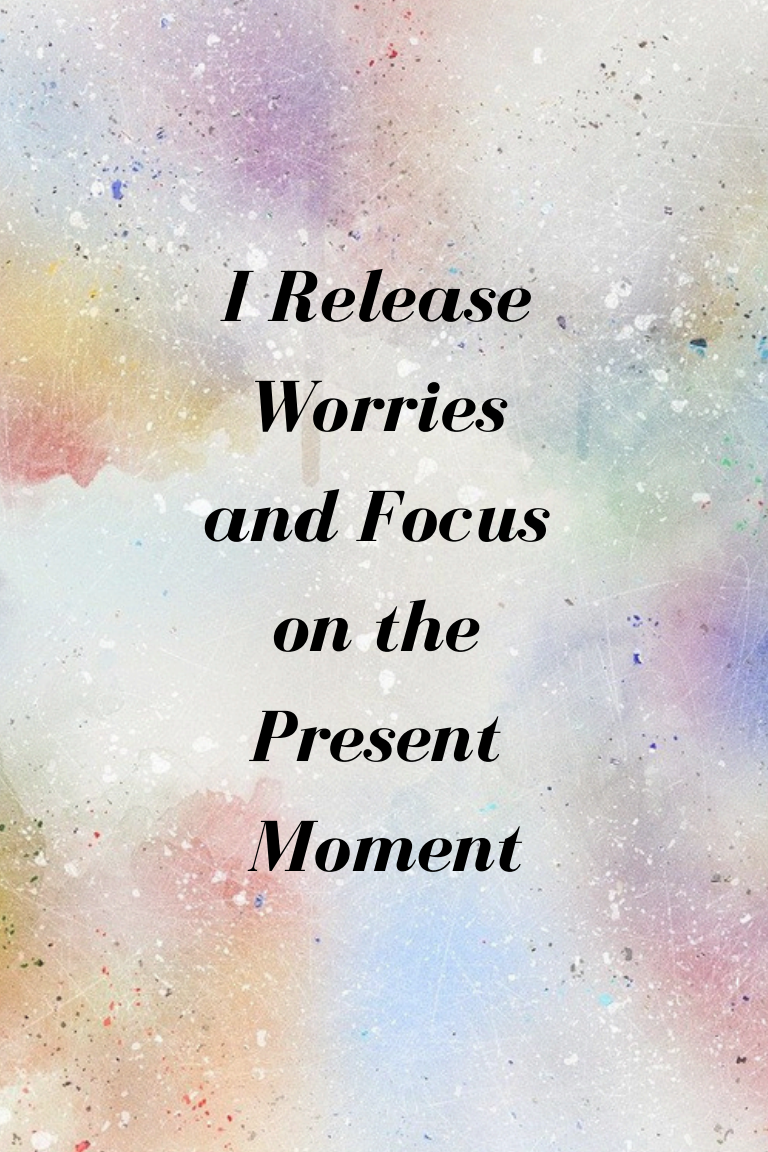


***My Value
is not
determined
by
External
Opinions***



*I am Proud
of my
Accomplishments,
Big
and Small*

***Today,
I Choose
Joy,
Love,
and
Gratitude.***



***I Release
Worries
and Focus
on the
Present
Moment***